



**November 1, 2015 | John 6:1-40**

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**Discuss:** If you could only choose one food to eat for the rest of your life, what would it be?

**Bread for the Stomach | Read John 6:1-15.**

[Q] Picture this scene, with its five thousand men along with women and children. What details stand out to you?

[Q] Why does the crowd seek out Jesus? What do they want? See verses 2, 14-15, and 34.

[Q] What drives you to seek out Jesus?

**Bread That Endures | Read John 6:16-31.**

[Q] What aspects of Jesus are revealed in the amazing incident in 16-24?

[Q] In verses 26-31, what is the crowd interested in? What do they want?

[Q] What are the key elements to getting the right kind of food? (verse 27)

[Q] Do you know people who want things or help from God without actually trusting Jesus? Using Jesus' words from this passage, describe what Jesus really desires from them and for them?

**Note:** John 6:20 is the first of the "I AM" statements of Jesus, echoing God's revelation of Himself to Moses in Exodus 3:14.

## Bread from Heaven | Read John 6:32-40.

Jesus continues using His metaphor of bread for the life He offers in Himself. Jesus acts out His metaphor in the miraculous feeding and now in John 6:32-35 He explains it.

[Q] If someone asked you to explain why Jesus calls Himself the Bread of Life, how would you answer?

[Q] Jesus is the Bread of Life who nourishes people spiritually and gives them eternal life (6:35). Would you say that Jesus is the "main ingredient" in your life diet? How hungry are you? What dulls your hunger for God? What are you going to do about it?

[Q] What satisfies your spirit?

- God's Word
- Personal or corporate worship
- Christian community and fellowship
- Music
- Natural beauty
- Serving God
- Other

[Q] Parents: do your children have time in their schedule for soul nourishment?

## Pray

...for opportunities to BLESS people: Share your story, Serve, Eat with, and Listen to those God has put in your life who don't know Him.

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**Take it further:** Compare the miracle of feeding the five thousand with the story in Exodus 16. What parallels do you find?